VITA

ESTA MILCHMAN RAPOPORT, Ed.D

61 Cowdin Circle Website: www.socialskillstrainingservices.com   
 Chappaqua, NY 10514 Blog: www.adhdanswers.blogspot.com  
 Email: [estamrapoport@gmail.com](mailto:estamrapoport@gmail.com) Twitter: @adhdanswers  
 Mobile: (914) 629-4225 Instagram: adhdanswers

Facebook: https://www.facebook.com/SocialskillstrainingforchildrenwithADHD

EDUCATION

Ed.D, School of Education, Boston University, Boston, Massachusetts

Major: Special Education, degree conferred: January 25, 2007

Dissertation: *Seizing Opportunity: Homeschool Parents Teaching Social Skills to Their*

*Children with ADHD*, Chairman: Leroy Clinton, Ed.D.

C.A.G.S, School of Education, Boston University, Boston, Massachusetts

Area of specialization: Learning disabilities, attention-deficit/hyperactivity disorder

M.A., Teachers College, Columbia University, New York, New York

Major: Special Education: Education of the physically handicapped, degree conferred: December 19, 1973

B.A., University Heights College of Arts and Science, New York University, Bronx,

New York

Major: Psychology, degree conferred: October 1971

ACADEMIC EXPERIENCE

Field Supervisor: Manhattanville College, Spring 2014

Adjunct Assistant Professor, Lehman College, Spring 2014  
 Graduate Course: Student teaching supervision

Adjunct Assistant Professor, Lehman College, Fall 2013  
 Graduate course: Student teaching supervision

Adjunct Assistant Professor, Lehman College, Summer 2013  
 Graduate course: Student teaching supervision

Social Skills Training Private Practice: Evaluation of social skills and executive function difficulties in students with attention- deficit/hyperactivity disorder, learning disabilities, and similar disorders

Social skills and executive function skills taught to aforementioned children

Support groups facilitated for parents

Adjunct Professor, Fordham University, Spring 2011

Graduate course: CTGE 5232: Curriculum and Assessment Strategies in Early Childhood Education

Assistant Professor, Special Education, Graduate School, the College of New

Rochelle, August 2007 to January 2011

Taught graduate students enrolled in early childhood and special education programs leading toward New York State certification B-2

Taught graduate students enrolled in elementary education and special education programs leading toward New York State certification in grades 1-6   
Advised and mentored 85 graduate students enrolled in early childhood/special education and elementary education/special education programs

Guest Lecturer, School of Education, Fordham University at Lincoln Center, New York, New York, Fall 2005

Assistant Professor, Wagner College, Staten Island, New York, 2000-2001

Taught undergraduate and graduate students enrolled in early childhood/ special education programs leading toward New York State certification B-2

Taught undergraduate and graduate students enrolled in elementary education/special education programs leading toward New York State certification in grades 1-6

Supervised student teachers in their practicum, as well as in their student teaching requirement, P.S. 52, Staten Island, N.Y.

Itinerant Teacher, (New York City Schools), Hannah Senesh School, Brooklyn, New York, 1999-2000

Second grade inclusion classroom, taught children with diagnoses of attention-deficit/hyperactivity disorder,

learning disabilities and gifted and talented

Assistant Teacher, fifth grade classroom, Fieldston School, Bronx, New York, 1998-1999

Teacher, Catholic Institute of Social Work, Macau, 1994-1998

Teacher of disadvantaged children, ages 5-13

Designed pilot programs for teaching English

Teacher, Hartford Memorial Middle School, Hartford, Vermont, 1974-1976

Teacher of mixed special education class

Teacher, Adams School, New York City, New York, 1973-1974

Teacher of children with learning disabilities and children with attention-deficit/hyperactivity

disorder, ages 6-10

PROFESSIONAL PREPARATION

Supervisor of Undergraduate Student Teachers, Newton Public Schools, Newton,

Massachusetts, 1976- 1978

Student Teacher, P.S. 75, New York City, New York, 1972-1973

Grades 2-5

Student Teacher, P.S. 72, New York City, New York, 1972-1973

Children with physical handicaps, attention-deficit/hyperactivity disorder and

learning disabilities, ages 7-12

LICENSES

New York State Permanent License in nursery, kindergarten, grades 1-6 and special

classes of the orthopedically and similarly handicapped, September 1, 1973

CONFERENCES

NYSATE (New York Association of Teacher Educators) conference, November 2000

WAEYC (Westchester Association for the Education of Young Children) conference,

October 27, 2007

CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder), 19th Annual International Conference, research poster presentation, November 8, 2007

AERA (American Educational Research Association), conference, March 24 to March

28, 2008

CHADD, 20th International Conference, November 12 to 15, 2008

CEC (Council for Exceptional Children) conference, April 2 to April 5, 2008

CHADD, 21st International Conference on ADHD, October 7 to October 10, 2009  
New York State Council for Exceptional Children (NYSCEC): Lead presenter for panel: Teachers and

Parents Building Positive Social Skills in Children with ADHD, October 9, 2010  
 New York State Council for Exceptional Children, (NYSCEC) conference, presenter, October 21, 2011  
 CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder), 24th Annual International

Conference on ADHD, breakout presentation, November 9th, 2012

GRANTS

VESID (Vocational and Educational Services for Individuals with Disabilities) grant

participant in inclusive workshops with P.S. 52, Staten Island, New York, 2000-2001

CURRICULUM COMMITTEES

Participant in writing of course descriptions and curriculum planning for the re-

registration of the early childhood annotation to comply with the standards for the

new B-2nd grade certification in the State of New York

GRADUATE SCHOOL COMMITTEES (College of New Rochelle)

Academic Review Committee

COLLEGE WIDE COMMITTEES (College of New Rochelle)

College Senate

College Senate Committees: The Development Committee; designed first alumni/faculty lecture series  
Representative to the Board of Trustees

WORKSHOPS

Inclusion workshop given by Marymount College at Wagner College, August 29, 2000

INTERNSHIPS

Intern, Office of Disability Services, Boston University, Boston, Massachusetts,

2001-2002

Created original peer mentoring proposal to improve the retention of college students who have learning disabilities or attention-deficit/hyperactivity disorder

HONORS AND AWARDS

Pi Lambda Theta, International Honor Society and Professional Association in Education: Inducted May 12,

2004

Felicia Sorembe Lambros Prize, Boston University, 2005

PROFESSIONAL MEMBERSHIPS

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)

Council for Exceptional Children (CEC)

American Association of University Women (AAUW)

National Association for the Association of Young Children (NAEYC)

Associates for Research on Private Education (ARPE)  
 Association for Supervision and Curriculum Development (ASCD)

PUBLICATIONS

Rapoport, E.M. (2007). Seizing opportunities: Homeschool parents teaching social skills to their children with ADHD. Dissertation, Ann Arbor, Mi.

Rapoport, E. (2007). Social skills problems of children with ADHD. *Private School Monitor*, Summer 2007.

Rapoport, E. (2009). *ADHD and Social Skills: A Step-by-Step Guide for Teachers and Parents.* Lanham, Md:

Rowman and Littlefield Publishers

Rapoport, E. (2019). *Positive Behavior, Social Skills, and Self-Esteem: A Parent’s Guide to Preschool ADHD*. Lanham, Md: Rowman and Littlefield Publishers.

PRESENTATIONS

CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder), 19th Annual International Conference, research poster presentation, November 8, 2007

CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder) of Putnam and Vicinity, Four Winds Hospital, Katonah, New York, April 10, 2007

Designed College of New Rochelle Alumni Lecture Series;

Presentation: ADHD and Social Skills, March 2010

Pleasantville Schools, Pleasantville, New York

Presentation: ADHD and Social Skills, October 21, 2009

Byram Hills Schools, Armonk, New York

Presentation: ADHD and Social Skills, December 10, 2009

Lakeland Schools, Shrub Oak, New York

Presentation: ADHD and Social Skills, January 13, 2010

Milford Schools, Milford, Connecticut

Presentation: ADHD and Social Skills, February 27, 2010

Chappaqua Schools, Chappaqua, New York and Chappaqua Library, Chappaqua, New York: Joint Presentation: ADHD and Social Skills, March 10, 2010

Council for Exceptional Children (CEC), New York Council, Annual Conference in Saratoga Springs, N.Y., panel presenter, Teachers and Parents Building Positive Social Skills in Children with ADHD, October 8-9, 2010

Mount Pleasant Central School District, Thornwood, N.Y.   
Presentation: ADHD and Social Skills, November 4, 2010

Hendrick Hudson Schools, Cortlandt Manor, N.Y.

Presentation: ADHD and Social Skills, April 27, 2011

New York State Council for Exceptional Children (NYSCEC) conference, Teachers Building Positive Social Skills in Children with ADHD, October 21, 2011

Lakeland Children's Center, Shrub Oak, N.Y.

Presentation and Interactive Discussion, ADHD and Social Skills, November 9, 2011

Manhattanville College Alumni Association, ADHD and Social Skills, May 6, 2012

Goddard School, presentation to faculty, ADHD and Social Skills, August 31, 2012

Manhattanville College, Early Childhood Education Professional Development Conference: The Exceptional

Young Child: Supporting Each Learner, October 6, 2012

**CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder), 24th Annual International Conference on ADHD, breakout presentation, November 9th, 2012**

Little Angels Daycare and Preschool, Harrison, N.Y.

Presentation: ADHD and Social Skills, April 19, 2017

Chappaqua Friends Meeting House and School, Chappaqua, New York

Presentation: Preschool ADHD, January 22, 2020

Podcast: Talking Brains, Stephanie Sarkis, Ph.D, October 30, 2020